



# LIFE GROUPS

**THIS IS MY BIBLE**  
**Chapter 3- Mood Swings**  
**Proverbs**  
**Life Group Questions**

## **GETTING STARTED**

1. Whose advice do you seek and value the most?
2. Discuss the difference between knowledge and wisdom.
3. In what ways do you feel that God has given you wisdom in your life?

## **DIGGING DEEPER**

1. Read Proverbs 1:1-7
2. Describe the purpose Solomon gives for this book.
3. According to Solomon, how does one obtain wisdom?
4. What does it mean to “fear the Lord” and how does it shape our attitudes and actions? (Proverbs 1:7; 3:7-8)
5. Proverbs 3:5-6 is often quoted, read this proverb together and discuss what it means to you in your life.
6. Proverbs 3:9-10 is an important principle concerning generosity. What lessons can we learn and how can we apply this to our daily life?
7. Read Proverbs 6:16-19. Discuss the meaning of each verse and why you believe these make the list of “things the Lord hates.”

8. Proverbs emphasizes the importance of seeking wise counsel. How can we discern between wise and foolish advice, and why is it important to surround ourselves with wise mentors and friends?

9. Integrity is a recurring theme in Proverbs. What does it mean to live with integrity, and why is it essential for personal and professional success?

### **APPLYING THE MESSAGE**

1. Proverbs offers insights into handling conflict, resolving disputes, and promoting reconciliation. How can the principles of peacemaking in Proverbs guide our interactions with others?

2. How can we practically apply the teachings and principles of Proverbs to our everyday lives? What specific actions or habits can we implement to grow in wisdom and live according to God's design?