



LIFE GROUPS

THIS IS MY BIBLE
Chapter 3: Mood Swings
The Book of Job
Life Group Questions

GETTING STARTED

1. Have you ever been through a season or a situation in your life that didn't make sense to you? Discuss.
2. Why do you believe bad things happen to good people?
3. Have you ever had a time in your life when someone has encouraged you to walk away from God? How did you respond?

DIGGING DEEPER

1. Discuss the various forms of suffering experienced by Job. How do these experiences challenge our understanding of suffering, both individually and collectively? (Read Job 1:13-19)
2. How does Job respond to his suffering initially, and how does his perspective evolve throughout the book? What lessons can we learn from Job's response to adversity? (Read Job 1:20-22; 13:15; 19:23-27)
3. Analyze the responses of Job's friends—Eliphaz, Bildad, and Zophar—to his suffering. What do their arguments reveal about common misconceptions regarding suffering and divine justice? (Refer to Sunday's message notes)
4. Have you ever encountered someone like one of Job's friends? Share.
5. Sometimes when we are faced with trials, it is hard to remember that God will not desert us. How do you remain focused on God during difficult seasons of life?

6. It's easy to allow discouragement to turn into bitterness and self-pity. Share a verse that provides you with hope and encouragement in those difficult moments.
7. Reflect on God's response to Job from the whirlwind. What do these speeches reveal about the nature of God, human limitations, and the mystery of creation? (Job 38 & 39)
8. Consider the limitations of human understanding highlighted in the book of Job. How does the story challenge our attempts to comprehend the ways of God and the mysteries of life?
9. How does God respond to the horrible advice and statements of Job's three friends? (See Job 42:7-9)
10. Read Job 42:10 and 42:16. Discuss the end of Job's story.

APPLYING THE MESSAGE

1. Are you going through something right now that you do not understand? How can you apply the responses of Job to your life?
2. Job finally came to a point where he submitted to the fact that he was not going to get an answer from God as to why these things happened to him. If you never get answers to the pain and suffering you've experienced, are you okay with not understanding why?