

**“I Am New Hope, Part 4”  
“I am Powerful”**

January 23rd, 2022

**CATCH UP TIME:**

How have you liked Pastor Rick’s series “I am New Hope”? What has had the greatest impact on you? What have you done in response to these messages?

**Questions:**

1. How do you define prayer? In his sermon, Pastor Rick said that prayer was submitting yourselves to the will of God. How does that fit with your definition?
2. Are there times when you feel guilty for praying about needs? Read Philippians 4:6-7 discuss in detail the meaning of each verse.
3. We are all more powerful than we think we are because we have a direct link to the most powerful force on earth. If we agree with that statement, why do we not pray more? Why is prayer so often a last resort instead of the first this we think of when confronted with illness, problems, etc.?
4. Thessalonians 5:16, tells us to “pray without ceasing” what does that mean to you? It is possible? Do you believe this is a reasonable request?
5. Sunday, we discussed three areas of our lives that James references in Chapter 5 Verses 13-18. Discuss those three areas’ (Emotional, physical and spiritual) and how prayer can be powerful in those areas.
6. Discuss with your group a time when God answered one of your prayers? Was it the answer you were expecting?
7. We know God hears us when we pray (I John 5:13-15) but sometimes God says “no” or “wait.” Discuss a time when you prayed for something and God didn’t provide the answer you were wanted. How did it make you feel?